

# Psychiatry

1. Social phobia is characterized by all of the following except:
  - a) Fear of humiliation in front of others
  - b) Reluctance to eat in public
  - c) Constricted social activities
  - d) Antisocial behaviour
  - e) Fear of being negatively evaluated by others
2. Which of the following symptoms would be consistent with a diagnosis of obsessive-compulsive disorder:
  - a) Repeatedly calling someone one believes he/she is in love with
  - b) Repeatedly seeing images of a relative who recently died
  - c) Repeatedly cutting oneself to relieve tension
  - d) Having repeated thoughts that one was God reincarnated
  - e) Having repeated thoughts that the house is going to burn down
3. The most common cause of dementia is:
  - a) Chronic alcohol use
  - b) Vascular dementia
  - c) Alzheimer disease
  - d) B12 deficiency
4. Which of the following statements about antipsychotics is false?
  - a) Mechanism of action is through blocking dopaminergic activity in brain pathways
  - b) Atypical (first generation) and typical (second generation) antipsychotics are equal in efficacy
  - c) Typical (first generation) antipsychotics have more extrapyramidal side effects
  - d) Both typical and atypical antipsychotics need to be monitored for metabolic side effects
  - e) Onset of action is approximately the same for management of agitation and thought disorders
5. In which of the following disorders are SSRIs advised not to be administered alone but only in combination with other pharmacological agents?
  - a) Major Depressive Disorder
  - b) Bipolar Disorder
  - c) Obsessive Compulsive Disorder
  - d) Generalized Anxiety Disorder
  - e) Eating Disorders
6. Which of the following drugs has been shown to be effective in preventing suicide?
  - a) Lithium
  - b) Haldol
  - c) Risperidone
  - d) Fluoxetine
  - e) Carbamazepine

7. A 40 year-old male states he is feeling down and is in conflict with his wife. You elicit he has always been somewhat rigid; he is a conscientious employee. You note that he is dressed very neatly and that while giving you his history he rambles, giving you all the details. The most likely personality type described here is:
- a) Narcissistic
  - b) Dependent
  - c) Passive-aggressive
  - d) Self-defeating (masochistic)
  - e) Obsessive-compulsive
8. In panic disorder, studies suggest the most effective and long-lasting treatment is:
- a) Behaviour therapy
  - b) Psychoanalysis
  - c) Diazepam
  - d) Imipramine
  - e) Hypnotherapy
9. In panic disorder, studies suggest the most effective and long-lasting treatment is:
- a) Triazolam
  - b) Clorazepate
  - c) Nitrazepam
  - d) Chlordizepoxide
  - e) Diazepam
10. All of the following statements are true about depression in the elderly EXCEPT:
- a) Somatic symptoms are frequently substituted for emotional symptoms
  - b) Tricyclics should not be used because of cardiotoxicity
  - c) Precipitating events are usually related to loss
  - d) Some cases may benefit from ECT
  - e) May present with abnormalities in cognitive function

## **ANSWERS**

1. D
2. E
3. C
4. E
5. B
6. A
7. E
8. A
9. A
10. B